

CALENDRIER GENERAL

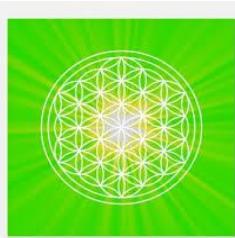
Sous réserve de modifications

2020-21

Séances Yoga - Méditations – Pilates
 Formations - Stages en France ou en Inde

ROYAT – THEIX

	SEP	OCT	NOV	DEC	JAN	FEV	MAR	AVR	MAI	JUI
1	M Y	J FE	D	M Y	V	L Y	L Y	J Y	S IN	M Y
2	M YY	V FE	L	M YY	S	M YY	M YY	V Y	D IN	M YY
3	J YY	S FT	M YY	J YY	D	M YY	M YY	S D	L IN	J YY
4	V YY	D FT	M YY	V YY	L Y	J YY	J YY	D	M IN	V YY
5	S	L YY	J YY	S FT	M YY	V Y	V Y	L	M IN	S
6	D	M YY	V FE	D FT	M YY	S FT	S	M YY	J IN	D
7	L FE	M YY	S FE	L Y	J YY	D FT	D	M YY	V IN	L FE
8	M FE	J YY	D FE	M YY	V YY	L	L YY	J YY	S IN	M FE
9	M FE	V FE	L YY	M YY	S FT	M YY	M YY	V YY	D IN	M FE
10	J FE	S	M Y	J Y	D FT	M YY	M YY	S FT	L YY	J FE
11	V FE	D	M	V FE	L Y	J YY	J YY	D FT	M YY	V FE
12	S	L YY	J YY	S	M YY	V FE	V FE	L	M YY	S
13	D	M YY	V YY	D	M YY	S	S	M YY	J	S D
14	L Y	M YY	S	L Y	J YY	D	M YY	V	L YY	
15	M YY	J YY	D	M YY	V FE	L	J YY	S	M YY	
16	M YY	V YY	L YY	M YY	S	M YY	M YY	V FE	D	M YY
17	J YY	S EX	M YY	J YY	D	M YY	M YY	S IN	L FE	J YY
18	V YY	D EX	M YY	V YY	L Y	J YY	J YY	D IN	M YY	V YY
19	S	L	J YY	S	M YY	V	V YY	L IN	M YY	S
20	D	M V	V D	M YY	S NI	S	FT	M IN	J YY	S D
21	L Y	M FT	S FT	L	J YY	D	M IN	V	L YY	
22	M YY	J FT	D FT	M	V YY	L	L YY	J IN	S FT	M YY
23	M YY	V FT	L YY	M	S	M YY	M YY	V IN	D FT	M YY
24	J YY	S NI	M YY	J V	D	M YY	M YY	S IN	L YY	J YY
25	V FE	D	M YY	L Y	L Y	J YY	J YY	D IN	M YY	V YY
26	S FE	L FT	J Y	S	M YY	V YY	V YY	L IN	M YY	S
27	D FE	M FT	V FE	D	M YY	S	S NI	M IN	J YY	S D
28	L FE	M FT	S	L	J YY	D	D	M IN	V YY	L FE
29	M FE	J FT	D	M	V YY	L	Y	J IN	S	M FE
30	M FE	V FT	L Y	M	S	M YY	M YY	V IN	D	M FE
31	S	D		J					L Y	



Y	Yoga - Méditation - Pilates
FE	Formations Extérieures
FT	Formations Theix Yoga-Ayu
IN	Voyages en Inde du Sud
FE	Formation Extérieure Lyon
EX	Examen Yoga Ecole Sattva
NI	Grand nettoyage intestinal